



CRESCENDO
REFERRAL CLINIC



**Compassion
and Clinical
Excellence**
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You are more likely to know endodontics as root canal treatment, which prevents and treats the severe toothache that happens when a tooth root is infected or inflamed. It means that you can chew food, drink hot and cold drinks, and swallow and smile without pain. It also saves the tooth from being extracted, so there are no gaps in your smile.

Symptoms of a tooth needing root canal therapy

- A pimple on the gum
- Moderate to severe pain when biting or chewing
- Spontaneous aching that wakes you at night or does not respond well to painkillers
- Sensitivity to heat or cold that lingers even when that sensation has been removed
- A sharp, electric shock-like pain that lingers when biting something hard

These symptoms are usually experienced when a tooth has received an injury, when it has deep decay, when it is cracked or weak from heavy fillings or when the tooth is heavily worn.

What to expect from your appointment

Your dentist will [numb your tooth](#) and make sure you are [comfortable](#) before applying rubber dam – a cover that protects the tooth from your saliva and protects your mouth during the procedure. The infected tissue will be [thoroughly cleaned out](#) before the root is filled, which will stop it from getting reinfected. At some point, you will usually need to have a crown or an onlay to protect the tooth from fracturing – this a separate procedure from root canal therapy.

Two thirds of our patients have their root treatment completed in one visit, with each visit taking around an hour to an hour and a half. Most patients can return to [normal activities straight after](#) their appointment; however, it is important to avoid eating until the numbness from the anesthetic is completely gone.

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Some people
say toothache
is the worst
pain they
have ever
experienced.

Let us help
you.

Contact us:

0121 382 8544



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Where do I start?! I have just had a root canal filling by the most lovely professional, Dr Hassan Kamal. I was very anxious and emotional on entering the treatment room, but his calm, friendly and reassuring manner made the whole experience better. His knowledge and reassuring me at every stage helped. I would recommend him and all his colleagues. A very positive and professional energy from the whole team. Thank you all.

”

- E. Flanagan

Meet Dr Hassan Kamal



Dr Hassan Kamal has been an associate dentist at Crescendo's parent practice, Nothing But The Tooth, since June 2018. He has a special interest in Endodontics, and has completed his Masters Degree at the University of Chester.

"My first priority is putting patients at ease, especially if they feel anxious or haven't been to a dentist for a while. I get great satisfaction from relieving patients' pain and helping them to keep teeth that would otherwise need to be extracted."

"Outside of dentistry, cars are my passion – there's nothing like the joy of driving on the winding roads of the beautiful countryside on a bright summer's day. More than anything, I love spending time with family and friends. I am a father to three beautiful children who are the apple of my eye. And despite the interrupted sleep, I can't get enough of the little munchkins!"

Meet Dr Gursharn Attwal



Having graduated from the University of Birmingham in 2011, Dr Gursharn Attwal has undertaken a variety of postgraduate training. He has a special interest in Endodontics and has completed his Masters Degree at the University of Chester.

"I always strive to provide the highest quality care and experience for my patients, using a holistic approach and tailoring treatment to their individual requirements."

"Outside of work, I like to keep active and enjoy a good session at the gym. I am an avid football fan and enjoy following Man United (but don't hold that against me!). I also love to travel and visit new places around the world to experience different cultures."

Meet the Team

Get to know the people who will guide you through your treatment at Crescendo.

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Georgie Alcock: Patient Care Co-ordinator

"As a Patient Care Co-ordinator, I will guide you through your journey with us, ensuring you always feel safe, informed and reassured. I started my career in dentistry as a Dental Nurse, where I developed my skills and knowledge. Although my main area of work is now as a Patient Care Coordinator, I do enjoy going back into surgery when I can. I love that no day is the same and every patient you meet has a story of their own; it's great to be a friendly face during their treatment journey."

Outside of work, my partner and I are big fans of rugby, so most of our free time is spent pitch side or at the club volunteering. When we are not at the rugby club our miniature dachshund, Hector, keeps us very busy!"



Louise Rainbow: Receptionist

"Mine is usually the first smile you see when you walk into the practice. There is nothing I enjoy more than being front of house and making our patients feel welcome. I had no dental background when I started working here, and I have loved learning new things about dental health."

In my spare time I am a keen photographer and traveller, and I am passionate about animal welfare – including hand rearing three newborn orphaned kittens. All in all, I am a softy."





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I am an incredibly nervous patient, and anything dental or medical sets me on edge. I had a root canal from Dr Gursharn Attwal and the entire time he was gentle, patient and supported me through the process. He helped make adjustments for me, and allowed me the time and space I needed to be comfortable and calm. The root canal was successful, and the pain has gone. All the staff are incredibly kind and friendly, and it really is a safe space.

”

- R. Roebuck



Frequently Asked Questions

Let us answer things you might be wondering before receiving root canal therapy

What is root canal therapy?

Root canal therapy is a dental procedure to save your tooth if it has become badly decayed or infected. It will eliminate bacteria and prevent reinfection of the tooth.

Will it hurt?

A root canal or endodontic treatment is no different from any other procedure as you will be given anaesthetic. We check you are comfortable before we start and throughout treatment. Our clinicians are very experienced in pain management and their [calm, kind and compassionate](#) nature means that you can relax - some patients even fall asleep!

After your appointment the tooth can take a few days to settle, and a few patients experience discomfort for a little longer.

Why should I save a tooth with root canal therapy rather than opt for an extraction?

Saving the natural tooth has many advantages:

- It will help you chew more efficiently, and eating is important!
- You will have a normal bite and sensation with a natural appearance
- It can protect other teeth from drifting into the wrong positions or from taking excessive force – save your smile, not just a tooth, by minimising the risk of needing procedures on neighbouring teeth.
- Nothing artificial can perfectly replace the look or function of a natural tooth

Is everyone suitable for root canal therapy?

At your consultation your dentist will establish whether the prognosis is good for rescuing your smile with root canal therapy. You will be made aware of all your options if they believe that the risk of failure is too high. Ultimately this will be your decision once you are given all the facts.

What are my options if I am not suitable for root canal therapy?

If you have your own dentist, they will discuss this with you. Otherwise, our experienced team of clinicians offer a full range of replacement options for teeth that can not be saved - including dental implants, bridges and dentures. They are always happy to find the most suitable solution for you.

Are there any risks to the procedure?

No medical procedure is without risk. Root treatment **very safe**, especially when carried out by an experienced dentist with high quality instruments we have. Dr Kamal or Dr Attwal will go through any possible complications with you so that you understand before treatment.

I have heard they are harmful - is this true?

No. This false claim was based on debunked and poorly designed research, conducted long before modern medicine understood the causes of many diseases. We urge you not to let unevicenced opinions on the internet put you off saving your teeth. As professionals registered with the General Dental Council, we always give you options based on up to date scientific studies and advice.





What if it doesn't work?

We endeavour to deliver the best possible outcome for all our root canal treatments. Our pre-treatment assessment is designed to determine if treatment is likely to be successful, hence most root treatments have a [good outcome](#).

Occasionally however, the root treatment does not work, which can be due to the infection being too embedded in the tooth, an abnormal shape of the root canals, or resistant bacteria causing the infection. In this case, if it is likely to result in an improved outcome, we will retreat the tooth for you [free of charge](#) (up to two years after treatment). However, if we cannot see any way we can improve the results, we may offer referral to a specialist endodontist, or an extraction. As they are circumstances beyond our control, these will not be free of charge.

Will I need to have a crown after my root filling?

Up-to-date research shows that most molar teeth need a crown to give them the best chance of lasting a long time. Your own dentist will discuss this treatment option with you. If you do not have your own dentist, we are happy to provide this and you will be given all your options so that you can make a fully informed decision.

Do I need a referral from my dentist?

If speed is of importance to you then no. If not, you may feel more comfortable asking for a referral if you intend to return to your regular dentist for routine care. As a professional courtesy to the referring dentist, we do not invite their patients to register with us for their routine care.

How can I avoid future root treatments?

Whilst nobody can guarantee you will not have to go through this procedure again, as a [preventative-based practice](#), we focus on working with you to reduce the risk of needing treatment in future.

If you do not have a regular dentist, you will be invited to join our preventative dental care programme, which focuses on prevention of gum disease and decay, reducing the risk of disease and tooth loss.

If you have been referred by your dentist to Crescendo, they will receive a discharge letter. They will offer appropriate advice at your next appointment.

How much does it cost?

In general terms, a root canal and the restoration (the crown, onlay or filling) will [cost less in the long term](#) than an extraction, as gaps usually need to be replaced with a dental implant or a bridge to ensure you can chew properly again and prevent the neighbouring teeth from moving.

Root canal therapy starts from £627, with the final price depending on the tooth being treated and the complexity of the treatment.

You can pay for your root canal therapy in instalments. We have various easy payment options and we will discuss these with you at your consultation. We accept all major credit cards, including American Express.

What do I do now?

Please contact us on [0121 382 8544](tel:01213828544) or smile@crescendoreferrals.co.uk

We will ensure your consultation is as soon as possible.





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Based at Nothing But The Tooth Dental Practice